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## 7 Green Supplies You Need

Linda Mason Hunter, author of *Green Clean*, recommends these easy switches to your normal cleaning routine to make it more planet-friendly.

Many "green" cleaning supplies are available in your local stores -- you just need a little label savvy to spot them.

Here are her pointers:



### Paper Products

When shopping for paper goods, choose those with the highest "post consumer waste" content you can find, either unbleached or whitened without chlorine.

### Candles

Replace paraffin candles, which are made from crude oil, with cleaner-burning soy or beeswax ones.

### Trash Bags

Select biodegradable bags or those made with at least 65 percent recycled content.

### Lightbulbs

Compact fluorescent bulbs use one-quarter the energy of incandescent bulbs and last 10 times longer.

### Cleaning Stuff

Buy prepared basics or mix your own cleaners using common ingredients.

### Reusable Cloths

Flannel cloths, for dusting or wet cleaning, can be washed and reused.

### Natural Scrubbers

Try cellulose or natural sea sponges instead of plastic ones. Old toothbrushes come in handy for cleaning grout.